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Horizon Opens Women's Recovery Residence in Bedford, VA

Bedford, VA – In honor of National Recovery Month, organizations are speaking up on behalf of approximately 40.3 million individuals in the U.S. who are in recovery to share messages of hope, help and healing ([American Addiction Centers](#)).

Melissa Lucy, CEO of Horizon Behavioral Health shares “It is our honor and privilege as a Community Services Board serving Central Virginia to stand beside our recovery community with caring support as they pursue a full life deserving of opportunity and freedom. Horizon will continue to seek out innovative ways to improve access to evidence-based treatments and resources for those battling addiction, such as Horizon’s Women’s Recovery Residence.”

Horizon Behavioral Health has announced the relocation of their Women’s Recovery Program to nearby Bedford, Virginia. This program provides supportive, stable housing and residential treatment for women with co-occurring mental illness and substance use disorders. This eight-bed residence is staffed 24/7 and offers transportation from this residence to and from treatment at Horizon.

“We trust that this new ‘home away from home’ will not only continue to meet our clients’ needs but provide a comfortable and supportive environment for them as they remain dedicated to their journey of recovery,” states Alva Harold, Senior Portfolio Director at Horizon.

The goal of this home is to provide a safe, supportive, and highly structured environment that eliminates major barriers to successfully complete treatment and initiate and sustain long-term recovery.

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Horizon Behavioral Health has been the primary public behavioral healthcare provider in the Region 2000 area for more than 53 years. In the last year, Horizon provided services to approximately 12,000 adults and children, addressing problems with mental health, substance use and intellectual disabilities. Horizon is accredited by CARF International. This represents the highest level of accreditation that can be given to a behavioral health organization.