



**MINUTES OF THE OCTOBER IN-PERSON MEETING
OF THE
HORIZON BEHAVIORAL HEALTH BOARD OF DIRECTORS**

**Horizon Behavioral Health
Triple P Conference Room
2215 Langhorne Road
Lynchburg, VA**

**Board
Approved
12-14-23**

October 26, 2023

PRESENT:	Sonya Baker	City of Lynchburg	In-Person Attendance
	Betty Brickhouse, Chair	City of Lynchburg	In-Person Attendance
	Justin Carwile	Campbell County	In-Person Attendance
	Andy Crawford, <i>Secretary</i>	Bedford County	In-Person Attendance
	Abe Loper	Additional Member	In-Person Attendance
	Gary Marple	Additional Member	In-Person Attendance
	Rob Merryman, <i>Treasurer</i>	Campbell County	In-Person Attendance
	Bobby Shiflett	Amherst County	In-Person Attendance
	Jim Sikkema, <i>Vice Chair</i>	Bedford County	In-Person Attendance
	Mary Lou Spiggle	Additional Member	In-Person Attendance
ABSENT:	Chris Faraldi	City of Lynchburg	
STAFF:	Melissa Lucy	Chief Executive Officer	In-Person Attendance
	Sandy Farmer	Executive Assistant to CEO	In-Person Attendance
	Matt Hartsook	Chief Financial Officer	In-Person Attendance
ABSENT:	None		
GUESTS:	None		

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A. INTRODUCTION

- 1. Call to Order/Welcome
Chair Betty Brickhouse opened the meeting at 3:30 p.m. and welcomed all in attendance.
- 2. Moment of Silence
A moment of silence was observed.
- 3. Adoption of the Revised Agenda – additional Closed Session
MOTION: Gary Marple made a motion to approve the revised agenda as mailed. The motion was seconded by Jim Sikkema and carried by majority vote.

B. PUBLIC COMMENT

There was none.

C. MINUTES

Consideration of the Board Meeting Minutes of September 28, 2023.

MOTION: On behalf of Secretary Andy Crawford, Sonya Baker made a motion to approve the board minutes as mailed. The motion was seconded by Mary Lou Spiggle and carried by majority vote.

D. COMMITTEE REPORT – Finance Committee

Committee Chair Rob Merryman thanked Matt Hartsook, Horizon’s Chief Financial Officer and Melissa Lucy for the very favorable audit report. Mr. Merryman stated, “This puts Horizon in a very good position for the future especially for staff retention.” This is the third year with no management letter.

E. CHAIRMAN’S ITEMS

Board Chair Betty Brickhouse congratulated Horizon on a splendid audit report.

F. CEO ITEMS

Enter into Closed Session – Lease or Acquisition of Real Property

Read by Recording Secretary - I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.3 of the Code of Virginia in order to discuss the lease or acquisition of real property.

MOTION: Abe Loper made a motion to enter into a Closed Meeting in order to discuss the lease or acquisition of real property. The motion was seconded by Sonya Baker and carried by roll call vote as follows:

Sonya Baker - aye	Gary Marple – aye
Betty Brickhouse – aye	Rob Merryman – aye
Justin Carwile – aye	Bobby Shiflett –aye
Andy Crawford - aye	Jim Sikkema – aye
Abe Loper – aye	Mary Lou Spiggle - aye

Exit out of Closed Session

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Read by Recording Secretary - NOW THEREFORE, BE IT RESOLVED, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.

MOTION: Sonya Baker made a motion to exit out of the Closed Meeting. The motion was seconded by Justin Carwile and carried by roll call vote as follows:

Sonya Baker - aye	Gary Marple – aye
Betty Brickhouse – aye	Rob Merryman – aye
Justin Carwile – aye	Bobby Shiflett –aye
Andy Crawford - aye	Jim Sikkema – aye
Abe Loper – aye	Mary Lou Spiggle - aye

No recommendation at this time.

Enter into Closed Session – Personnel Matter

Read by Recording Secretary - I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.1 of the Code of Virginia in order to discuss a personnel matter.

MOTION: Sonya Baker made a motion to enter into a Closed Meeting in order to discuss the lease or acquisition of real property. The motion was seconded by Justin Carwile and carried by roll call vote as follows:

Sonya Baker - aye	Gary Marple – aye
Betty Brickhouse – aye	Rob Merryman – aye
Justin Carwile – aye	Bobby Shiflett –aye
Andy Crawford - aye	Jim Sikkema – aye
Abe Loper – aye	Mary Lou Spiggle - aye

Exit out of Closed Session

Read by Recording Secretary - NOW THEREFORE, BE IT RESOLVED, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.

MOTION: Gary Marple made a motion to exit out of the Closed Meeting. The motion was seconded by Abe Loper and carried by roll call vote as follows:

Sonya Baker - aye	Gary Marple – aye
Betty Brickhouse – aye	Rob Merryman – aye
Justin Carwile – aye	Bobby Shiflett –aye
Andy Crawford - aye	Jim Sikkema – aye
Abe Loper – aye	Mary Lou Spiggle - aye

No recommendation at this time.

CEO items continued:

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-Team Spotlights – This month we celebrated the Team Spotlight for the Case Management Teams, serving over 110 Case Management staff. Our last two spotlights are in November. These spotlights have been well received by staff.

-Admissions Area Lobby Updates – Melissa reviewed the updates being made to the admissions area lobby for easier access for our clients and increased safety for our staff and clients. Our glass doors will be moving back to their original location as we feel the current location is a liability for the staff. We want our entrance to admissions to be as welcoming as possible for our clients and guests. We currently do not have cameras in that area as monitoring is difficult. Horizon has added additional security for staff in this area.

G. FINANCIAL REPORT

Matt Hartsook reviewed the September 2023 Statement of Revenue and Expenditures Monthly Report.

H. NOTICES AND REMINDERS

The next scheduled meeting of the Horizon Board of Directors will be **Thursday, December 14, 2023 from 3:30 p.m. until 4:30 p.m.** and the meeting will be held in-person at the Horizon Wellness Center, Triple P Conference Room, 2215 Langhorne Road, Lynchburg.

The Membership, Bylaws & Board Development Committee is scheduled to meet prior to the December board meeting. Members are: Mary Lou Spiggle-Chair, Sonya Baker, Betty Brickhouse, Gary Marple and Rob Merryman.

I. ADJOURNMENT

MOTION: Gary Marple made a motion to adjourn. The motion was seconded by Jim Sikkema and carried by majority vote.

The meeting was adjourned at 4:15 p.m.

The above minutes were approved at the meeting held on December 14, 2023.

ATTEST: Recording Secretary, Sandy Farmer CAP-OM, CP

Respectfully submitted for Andy Crawford, Secretary

By Sandy Farmer CAP-OM, CP, Executive Assistant to the CEO & Recording Secretary of the Board of Directors