



**MINUTES OF THE APRIL IN-PERSON MEETING
OF THE
HORIZON BEHAVIORAL HEALTH BOARD OF DIRECTORS**

**Horizon Behavioral Health
Triple P Conference Room
2215 Langhorne Road
Lynchburg, VA**

April 27, 2023

Board Approved 6-22-23

PRESENT:	Abe Loper Gary Marple Rob Merryman, <i>Treasurer</i> Bobby Shiflett Jim Sikkema, <i>Vice Chair</i> Mary Lou Spiggle	Additional Member Additional Member Campbell County Amherst County Bedford County Additional Member	In-Person Attendance In-Person Attendance In-Person Attendance In-Person Attendance In-Person Attendance In-Person Attendance
ABSENT:	Sonya Baker Betty Brickhouse, <i>Chair</i> Justin Carwile Andy Crawford, <i>Secretary</i> Chris Faraldi	City of Lynchburg City of Lynchburg Campbell County Bedford County City of Lynchburg	
STAFF:	Melissa Lucy Sandy Farmer Matt Hartsook	<i>Chief Executive Officer</i> <i>Executive Assistant to CEO</i> <i>Chief Financial Officer</i>	In-Person Attendance In-Person Attendance In-Person Attendance
GUESTS:	None		

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A. INTRODUCTION

1. Call to Order/Welcome

In Chair Betty Brickhouse’s absence, Vice-Chair Jim Sikkema opened the meeting at 3:30 p.m. and welcomed all in attendance.

2. Moment of Silence

A moment of silence was observed.

3. Adoption of the Agenda

MOTION: Gary Marple made a motion to approve the agenda as mailed. The motion was seconded by Mary Lou Spiggle and carried by majority vote.

B. PUBLIC COMMENT

There was none.

C. MINUTES

Consideration of the Board Meeting Minutes of February 23, 2023.

MOTION: On behalf of Secretary Andy Crawford, Abe Loper made a motion to approve the board minutes as mailed. The motion was seconded by Bobby Shiflett and carried by majority vote.

Consideration of the Executive Committee Meeting Minutes of February 23, 2023.

MOTION: On behalf of Secretary Andy Crawford, Gary Marple made a motion to approve the executive committee minutes as mailed. The motion was seconded by Mary Lou Spiggle and carried by majority vote.

D. COMMITTEE REPORT

1. Finance Committee - The Finance Committee members met prior to the board meeting to conduct the FY24 Budget Proposal review. Matt Hartsook, Horizon CFO, gave an overview of the proposed budget to all members.

MOTION: Gary Marple made a motion on behalf of the Finance Committee to approve the FY24 Horizon Behavioral Health Budget as presented. The motion was approved by the following roll call vote:

Abe Loper – aye	Bobby Shiflett – aye
Gary Marple – aye	Jim Sikkema – aye
Rob Merryman – aye	Mary Lou Spiggle – aye

The motion was carried by unanimous vote.

E. CHAIRMANS ITEMS

Vice Chair, Jim Sikkema had nothing to report.

F. CEO ITEMS

Enter into Closed Session – Lease or Acquisition of Real Property

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Read by Recording Secretary - I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.3 of the Code of Virginia in order to discuss the lease or acquisition of real property.

MOTION: Rob Merryman made a motion to enter into a Closed Meeting in order to discuss the lease or acquisition of real property. The motion was seconded by Abe Loper and carried by roll call vote as follows:

Abe Loper – aye	Bobby Shiflett – aye
Gary Marple – aye	Jim Sikkema – aye
Rob Merryman – aye	Mary Lou Spiggle – aye

Exit out of Closed Session

Read by Recording Secretary - NOW THEREFORE, BE IT RESOLVED, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.

MOTION: Rob Merryman made a motion to exit out of the Closed Meeting. The motion was seconded by Abe Loper and carried by roll call vote as follows:

Abe Loper – aye	Bobby Shiflett – aye
Gary Marple – aye	Jim Sikkema – aye
Rob Merryman – aye	Mary Lou Spiggle – aye

No recommendation at this time.

Enter into Closed Session – Personnel Matter

Read by Recording Secretary - I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.1 of the Code of Virginia in order to discuss a personnel matter.

MOTION: Abe Loper made a motion to enter into a Closed Meeting in order to discuss a personnel matter. The motion was seconded by Bobby Shiflett and carried by roll call vote as follows:

Abe Loper – aye	Bobby Shiflett – aye
Gary Marple – aye	Jim Sikkema – aye
Rob Merryman – aye	Mary Lou Spiggle – aye

Exit out of Closed Session

Read by Recording Secretary - NOW THEREFORE, BE IT RESOLVED, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.

MOTION: Abe Loper made a motion to exit out of the Closed Meeting. The motion was seconded by Rob Merryman and carried by roll call vote as follows:

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Abe Loper – aye	Bobby Shiflett –aye
Gary Marple – aye	Jim Sikkema – aye
Rob Merryman – aye	Mary Lou Spiggle – aye

No recommendation at this time.

Enter into Closed Session – Lease or Acquisition of Real Property

Read by Recording Secretary - I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.3 of the Code of Virginia in order to discuss the lease or acquisition of real property.

MOTION: Rob Merryman made a motion to enter into a Closed Meeting in order to discuss the lease or acquisition of real property. The motion was seconded by Abe Loper and carried by roll call vote as follows:

Abe Loper – aye	Bobby Shiflett –aye
Gary Marple – aye	Jim Sikkema – aye
Rob Merryman – aye	Mary Lou Spiggle – aye

Exit out of Closed Session

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Abe Loper – aye	Bobby Shiflett –aye
Gary Marple – aye	Jim Sikkema – aye
Rob Merryman – aye	Mary Lou Spiggle – aye

No recommendation at this time.

CEO items continued:

-Horizon Team Spotlight – The March Horizon Team Spotlight for the Intermediate Care Facilities (ICF) is included in the board packets and the April Horizon Team spotlight for the Billing & Reimbursement Teams is a handout at each board member’s place to honor our teams. Melissa noted that the Horizon Team Spotlights have been an encouragement to our teams and praised by our staff who are learning more about our Horizon teams.

-FY23-25 Strategic Plan Updates – 3rd Quarter (January, February, March) updates are highlighted and included in your packets showing that all targets were met on time.

-The Department of Behavioral Health and Development Services (DBHDS)

Commissioner Nelson Smith Visit March 8, 2023 – Representatives in attendance from the Horizon board of directors were Gary Marple and Bobby Shiflett. Bobby and Gary stated how very impressed they were with the staff and the Horizon presentations given by the Horizon

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team, "what an awesome job". Melissa stated that Commissioner Smith shared his thanks to the teams as well for the excellent presentations.

-Director of Communications & Community Development, Gabriella Smith - will be out on maternity leave through mid-August, nothing will stop.

-Lynchburg Hillcats Baseball Game Box Seats for the Board – Again this year Katrina Rice, Senior Vice President and Relationship Manager of Commercial Lending at the Bank of the James, is offering our board members the use of the Sky Box seats for the Hillcats Baseball Game on Sunday, June 4th. Please let Sandy know by June 22nd if you are interested in attending. Melissa and Katrina will be your hosts for the evening.

G. FINANCIAL REPORT

Matt Hartsook reviewed the March 2023 Statement of Revenue and Expenditures Monthly Report.

H. NOTICES AND REMINDERS

The next scheduled meeting of the Horizon Board of Directors will be **Thursday, June 22, 2023 from 3:30 p.m. until 4:30 p.m.** and the meeting will be held in-person at the Horizon Wellness Center, Triple P Conference Room, 2215 Langhorne Road, Lynchburg.

I. ADJOURNMENT

MOTION: Gary Marple made a motion to adjourn. The motion was seconded by Rob Merryman and carried by majority vote.

The meeting was adjourned at 4:26 p.m.

The above minutes were approved at the meeting held on June 22, 2023.

ATTEST: Recording Secretary, Sandy Farmer CAP-OM, CP

Respectfully submitted for Andy Crawford, Secretary

By Sandy Farmer CAP-OM, CP, Executive Assistant to the CEO & Recording Secretary of the Board of Directors