



**MINUTES OF THE DECEMBER IN-PERSON MEETING
OF THE
HORIZON BEHAVIORAL HEALTH BOARD OF DIRECTORS**

**Horizon Behavioral Health
Triple P Conference Room
2215 Langhorne Road
Lynchburg, VA**

**Board
Approved
2-22-24**

December 14, 2023

PRESENT:	Sonya Baker	City of Lynchburg	In-Person Attendance
	Betty Brickhouse, Chair	City of Lynchburg	In-Person Attendance
	Justin Carwile	Campbell County	In-Person Attendance
	Andy Crawford, <i>Secretary</i>	Bedford County	In-Person Attendance
	Chris Faraldi	City of Lynchburg	In-Person Attendance
	Abe Loper	Additional Member	In-Person Attendance
	Gary Marple	Additional Member	In-Person Attendance
	Rob Merryman, <i>Treasurer</i>	Campbell County	In-Person Attendance
	Bobby Shiflett	Amherst County	In-Person Attendance
	Jim Sikkema, <i>Vice-Chair</i>	Bedford County	In-Person Attendance
	Mary Lou Spiggle	Additional Member	In-Person Attendance

ABSENT: None

STAFF:	Melissa Lucy	Chief Executive Officer	In-Person Attendance
	Sandy Farmer	Executive Assistant to CEO	In-Person Attendance
	Matt Hartsook	Chief Financial Officer	In-Person Attendance

ABSENT: None

GUESTS: None

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A. INTRODUCTION

1. Call to Order/Welcome

Chair Betty Brickhouse opened the meeting at 3:30 p.m. and welcomed all in attendance.

2. Moment of Silence

A moment of silence was observed.

3. Adoption of the Revised Agenda

MOTION: Rob Merryman made a motion to approve the revised agenda as mailed. The motion was seconded by Abe Loper and carried by majority vote.

B. PUBLIC COMMENT

There was none.

C. MINUTES

Consideration of the Board Meeting Minutes of October 26, 2023.

MOTION: On behalf of Secretary Andy Crawford, Gary Marple made a motion to approve the board minutes as mailed. The motion was seconded by Chris Faraldi and carried by majority vote.

D. COMMITTEE REPORT – Membership, Bylaws & Board Development

Committee Chair Mary Lou Spiggle asked Sandy Farmer to review the motions from this committee.

MOTION #1: Mary Lou Spiggle made a motion on behalf of the Membership, Bylaws & Board Development Committee to the full board to approve the Horizon Board Bylaws as mailed. The motion was approved by unanimous vote.

MOTION #2: Mary Lou Spiggle made a motion on behalf of the Membership, Bylaws & Board Development Committee to the full board to approve the 2024-2025 Slate of Officers as presented:

**Board Chair – Betty Brickhouse
Board Vice-Chair – Gary Marple
Board Treasurer – Rob Merryman
Board Secretary – Jim Sikkema**

The motion was approved by unanimous vote.

E. CHAIRMAN'S ITEMS

Board Chair Betty Brickhouse thanked Sandy Farmer and her husband David for the food preparation, setup, and decorations.

Mrs. Brickhouse also reminded all Board Members that the Annual Board of Directors Christmas picture will be taken after this meeting.

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F. CEO ITEMS

Enter into Closed Session – Lease or Acquisition of Real Property

Read by Recording Secretary - *I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.3 of the Code of Virginia in order to discuss the lease or acquisition of real property.*

MOTION: Sonya Baker made a motion to enter into a Closed Meeting in order to discuss the lease or acquisition of real property. The motion was seconded by Mary Lou Spiggle and carried by roll call vote as follows:

Sonya Baker - aye	Gary Marple – aye
Betty Brickhouse – aye	Rob Merryman – aye
Justin Carwile – aye	Bobby Shiflett – aye
Andy Crawford - aye	Jim Sikkema – aye
Chris Faraldi - aye	Mary Lou Spiggle – aye
Abe Loper – aye	

Exit out of Closed Session

Read by Recording Secretary - *NOW THEREFORE, BE IT RESOLVED, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.*

MOTION: Sonya Baker made a motion to exit out of the Closed Meeting. The motion was seconded by Justin Carwile and carried by roll call vote as follows:

Sonya Baker - aye	Gary Marple – aye
Betty Brickhouse – aye	Rob Merryman – aye
Justin Carwile – aye	Bobby Shiflett – aye
Andy Crawford - aye	Jim Sikkema – aye
Chris Faraldi - aye	Mary Lou Spiggle – aye
Abe Loper – aye	

No recommendation at this time.

Abe Loper left at 3:40 p.m.

Enter into Closed Session – Personnel Matter

Read by Recording Secretary - *I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.1 of the Code of Virginia in order to discuss a personnel matter.*

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MOTION: Gary Marple made a motion to enter into a Closed Meeting in order to discuss the lease or acquisition of real property. The motion was seconded by Bobby Shiflett and carried by roll call vote as follows:

Sonya Baker - aye	Gary Marple – aye
Betty Brickhouse – aye	Rob Merryman – aye
Justin Carwile – aye	Bobby Shiflett – aye
Andy Crawford - aye	Jim Sikkema – aye
Chris Faraldi – aye	Mary Lou Spiggle – aye

Exit out of Closed Session

Read by Recording Secretary - NOW THEREFORE, BE IT RESOLVED, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.

MOTION: Gary Marple made a motion to exit out of the Closed Meeting. The motion was seconded by Abe Loper and carried by roll call vote as follows:

Sonya Baker - aye	Gary Marple – aye
Betty Brickhouse – aye	Rob Merryman – aye
Justin Carwile – aye	Bobby Shiflett – aye
Andy Crawford - aye	Jim Sikkema – aye
Chris Faraldi – aye	Mary Lou Spiggle - aye

No recommendation at this time.

CEO Additional Items:

- Mrs. Lucy invited all board members to the Horizon All Staff Drop-in Christmas Party on December 19, 2023 in the Triple P Conference Room.

G. FINANCIAL REPORT

Matt Hartsook reviewed the October 2023 Statement of Revenue and Expenditures Monthly Report.

H. NOTICES AND REMINDERS

The next scheduled meeting of the Horizon Board of Directors will be **Thursday, February 22, 2024 from 3:30 p.m. until 4:30 p.m.** and the meeting will be held in-person at the Horizon Wellness Center, Triple P Conference Room, 2215 Langhorne Road, Lynchburg.

The Executive Committee is scheduled to meet prior to the February board meeting to conduct the annual review of the Board Policies and Procedures. **Members** are: Betty Brickhouse-Chair, Gary Marple-Vice-Chair, Rob Merryman-Treasurer, Jim Sikkema-Secretary, Mary Lou Spiggle- Past Executive Committee Member.

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I. ADJOURNMENT

MOTION: Gary Marple made a motion to adjourn. The motion was seconded by Rob Merryman and carried by majority vote.

The meeting was adjourned at 4:15 p.m.

The above minutes were approved at the meeting held on February, 22, 2024.

ATTEST: Recording Secretary, Sandy Farmer CAP-OM, CP

Respectfully submitted for Jim Sikkema, Secretary

By Sandy Farmer CAP-OM, CP, Executive Assistant to the CEO & Recording Secretary for the Board of Directors